

REQUEST FOR LETTER OF RECOMMENDATION

The information provided on this form will be used to write the letter(s) of recommendation you need for your college and/or scholarship applications.

Full Legal Name: _____
(Last) (First) (MI)

Home Telephone: _____ ID#: _____

Home Address: _____
(Street)

(City) (State) (Zip)

Email: _____

This letter will be used for which application: College admissions Scholarship(s) Both

If for scholarship, which scholarship(s) are you applying for:

For Common Application, please provide the following information on your application so your counselor can receive access to review and submit your letter of recommendation.

Counselor Information:

| | | | |
|---|---|--|--|
| A-G Ms. Nguyen nguyenb@esuhsd.org | H-M Ms. Flores floresar@esuhsd.org | N-S Ms. Braga bragaj@esuhsd.org | T-Z Ms. Schneider schneiderm@esuhsd.org |
|---|---|--|--|

Deadline to submit a Request for letter Recommendation:
October 22, 2021

This includes Common App and scholarships.
There will be no exceptions.

Answer the following questions thoroughly and completely. The answers you provide will help us in writing a well-rounded letter of recommendation for you. Colleges are looking for specific information that will make you stand out amongst your peers. **Complete with as much detail as possible with all information concerning your interests, special talents, and activities. Be as specific as possible.**

Please **type your answers** to the following questions and attach it to this form.

1. What are five adjectives that best describe who you are? Provide one specific example for each adjective.
2. Educational and career goals:
 - a. What majors are you considering? Why?
 - b. What field of work would you like to go into? Why?
 - c. What academic subject(s) interest you the most? Why?
3. Describe in detail your extracurricular activities through and outside of school programs including (but not limited to): government and/or leadership activities, student organizations, writing for or editing publication, participation in visual and/or performing arts, volunteer activities, community service, sports, research or independent study, summer programs, jobs or employment, etc. **Important: Please include your job title, name of activity or organization, and exact duties.** Be sure to include:
 - a. Length of time you have participated
 - b. Specific role you held in these activities or organizations
 - c. Accomplishments, awards, or significant contributions you have made in these activities or organizations
4. Consider the activities and organizations you provided in the previous question. How has being a part of these activities and organizations made an impact on you and your life? How will you use what you've learned in the future?
5. Describe your family situation and background. How has it influenced you, your interests and your education? Are you a first-generation college prospective student? If so, in what ways has this impacted you?
6. If applicable, have you ever been in the foster care system? If so, please give dates. How has being in the foster care system influenced you? Provide specific examples and details.
7. What obstacles or challenges have you encountered in your life? How did you overcome them? What have you learned from these experiences? Provide specific examples and details.
8. Of all your accomplishments, academic and otherwise, which are you most proud of? Why? Provide specific examples and details.
9. If applicable, which academy/pathway are you currently or have been enrolled in? Describe your experience. How was the academy/pathway impacted your life?
10. What choices have you made in life to advance your goals? How have these choices impacted your life? What motivated you to make these choices? These choices may be academic, social, work, athletic, volunteer, family or a combination.
11. What sets you apart from your peers? Provide specific examples and details.
12. Provide any additional information you would like us to share with your prospective schools that has not already been asked on this form.