General College Timeline
<table>
<thead>
<tr>
<th>Grade Level</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Freshman 9th</strong></td>
<td>Students are: Adapting to High school and knowing their A-G requirements</td>
</tr>
<tr>
<td><strong>Sophomore 10th</strong></td>
<td>Students are: Starting to get involved in extra curricular activities</td>
</tr>
<tr>
<td><strong>Junior 11th</strong></td>
<td>Students are: Keeping grades up Starting College list</td>
</tr>
<tr>
<td><strong>Seniors 12th</strong></td>
<td>Students are: Applying to college</td>
</tr>
</tbody>
</table>
9th Grade

**Student**
Adapting to HS --> learning about A-G requirements
They may feel: Anxiety

**Parent**
Support System
Questions you should be asking
- How was school?
- What classes are you taking?

**To be done (student/parent)**
Learn/understand A-G Requirements
Make sure student is on track with their A-G Requirements
10th Grade

**Student**
Start to get involved in extra curricular activities
Busy, Keep their grades up, Be involved

**Parent**
Support System
Questions you should be asking
- What are you doing after school?
- How are your grades?

**To be done (student/parent)**
Extra Curricular Activities
Join a club/organization (DCAC/Cal-SOAP)
Work? Take care of Siblings? Great!
11th Grade

**Student**
Staying on track, starting college list
Busy, Staying active, Keeping up grades

**Parent**
Support System
Questions you should be asking
- What do you want to study?
- Which colleges/universities are you interested in?

**To be done (student/parent)**
Start thinking about majors/colleges
Start College List and think about which majors they want to study
Get informed
12th Grade

**Student**

College Applications

Busy, Staying active, Keeping up grades

**Parent**

Support System very involved

Questions you should be asking

- Have you started your Financial Aid app?
- Do you need the tax forms?
- Which schools are you applying to?

**To be done:** (student/parent)

Be organized

Ask for help

CAP's
Counselors
Teachers
Parents

COMMUNICATION
It is very important to communicate with our children to better understand where they need support and their situations.

INVolVEMENT
This is important to keep informed and reduce the stress you may feel about their next steps. Also motivates them to keep doing good.

MOTIVATION
It can be a very stressful time and they need that motivation to keep going and finish strong.

SELF-REFLECTION
How do you feel? Why do you feel this way? Is it valid? What is the best solution and situation for your children?
DCAC
Destination College Advising Corps
University of California, Berkeley

Ms. Diaz
Room 403

Ms. Jackie
Room 403